



17th

Annual Lt Dennis W. Zilinski II Memorial

3.5 Mile Run/2 Mile Walk

Sunday, November 5, 2023 (Rain or Shine)

PNC Bank Arts Center, Garden State Parkway, Exit 116

Vehicle access into the PNC Bank Arts Center will be closed starting at 9:45 AM for the duration of the race.
Scenic course with challenging hills through the Arts Center complex finishing at the Vietnam Veterans Memorial

RUN WITH DENNIS



In honor and memory of Army Lt. Dennis W. Zilinski II. Lt. Zilinski was assigned to the 1st Battalion, 187th Infantry Regiment, 3rd Brigade Combat Team, Company B of the 101st Airborne Division. Lt. Zilinski was deployed to Iraq where he was killed in action on November 19, 2005. Lt. Zilinski graduated from Christian Brothers Academy in 2000 and The United States Military Academy at West Point in 2004.

Schedule of Events:

No registration or bib pick-up during ceremony

- 7:45 AM - 8:45 AM Day of the Run registration*
- 8:50 AM - 9:30 AM Ceremony and Tribute to Dennis.
- 9:30 AM - 9:45 AM Last minute registration*
- 10:00 AM - Start 3.5 Mile Run/2 Mile Walk
- 11:00 AM - Post Run Reception –



Awards will be given to the top 3 women and the top 3 men finishers. Please remain after the race to receive your award.

****Register online at RunWithDennis.org****

Early Registration (until 10/20/2023)	Adults \$30.00	18 and under \$15.00
Registration (after 10/20/2023–11/05/2023)	Adults \$35.00	18 and under \$20.00

Email your question to RunWithDennis@Yahoo.com

T-Shirts are only guaranteed to those who register before 10/13/2023.

PLEASE CHECK OUR WEBSITE

RunWithDennis.org

FOR EVENT UPDATES

PLEASE PRINT CLEARLY

ALL MAILED ENTRIES MUST BE RECEIVED BY 10/25/2023

Last Name		First Name		Email Address	
Street Address			City		State ZIP
Age on the DAY of the race		SEX (CIRCLE ONE) MALE FEMALE		EVENT ENTERED (CIRCLE ONE) 3.5 MILE RUN 2 MILE WALK	
Please circle any and all that you are currently or have been affiliated with					
SWIM TEAM:		CBA WEST POINT		LAW ENFORCEMENT US ARMED FORCES	
ADULT SIZE T-SHIRTS (CIRCLE ONE)		SM MED LG XL XXL			
Proceeds to benefit the Lt. Dennis W. Zilinski II Memorial Fund					
Please consider including a tax-deductible contribution in addition to your race fee. \$ _____					
MAKE CHECK PAYABLE TO: Lt. DENNIS W. ZILINSKI II MEMORIAL FUND PO BOX 124, ADELPHIA, NJ 07710					
<small>Waiver must be read and signed: I know that running/walking can be a potentially hazardous activity. I confirm that I am medically able and properly trained to participate in this event. I agree to abide by any decision of an event official relative to my participation in this event. I assume all risks associated with running/walking, including, but not limited to, falls, contact with other participants, the effects of weather, the conditions of the course surface and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Lt Dennis W Zilinski II Memorial Fund, all of its officers, staff, volunteers, agents, contractors and sponsors, their representatives and successors for all claims and liabilities of any kind arising out of my participation in this event. All fees are non-refundable</small>					
Signature (Participants under the age of 18 must have a parent/guardian sign the release.)				Date	