

LT. DENNIS W. ZILINSKI, II MEMORIAL FUND

DESCRIPTION OF VIRTUAL RUN WITH DENNIS

The demand for supporting our wounded warriors and our troops serving overseas continues to rise during the Coronavirus crisis as people are out of work and donations are being ignored. **Join our Virtual Race to help raise money so we can continue to support our wounded warriors and our troops serving overseas.**

The Lt. Dennis W. Zilinski, II Memorial Fund's mission is to honor the life and memory of Lt. Dennis W. Zilinski, II and to provide support to improve the morale and welfare of the members of the United States Armed Forces and their families.

T-Shirts will be mailed directly to your home address, or in the case of the World Tour Run/Walk to your duty station address overseas.

The event will be held as a virtual race beginning **Sunday, November 8, 2020, wherever you choose to run/walk**. The entire net proceeds for this race go to our 501(c)(3) charity. **Remember our Freedom is Not Free. It is bought and paid for by our men/women in the uniform of our services.**

Event Details:

- The race will cost \$30.00 and include a unisex T-shirt.
- Choose to either run 3.5 miles or walk 2 miles. Distances can be carved out of a longer run if desired.
- Runners/Walkers can plan to complete this race either in a solo run or with a small group of friends.
- Post your pictures/videos with #Runwithdennis on our social media pages, Facebook, Twitter and Parler with @zilinskimemorialfund, or send to our email Runwithwithdennis@yahoo.com
- All net proceeds from this race will be used to support our troops.

More About the Lt. Dennis W. Zilinski, II Memorial Fund:

- We sponsor service dogs for our wounded warriors suffering from PTSD and/or TBI injuries. These service dogs are trained for \$25,000.00 each! To date, we have sponsored over 100 service dogs. We have sponsored 4 leg amputations for warriors injured during war.
- We mail boxes of needed items and goodies to our troops. From January until September we have mailed 198 boxes to our troops overseas. The cost of postage for these boxes exceeded \$5,915.00.
- We also ship boxes of needed items and goodies to our Military Working Dogs (MWDs) serving overseas.
- Due to injuries and a reduction in salaries of our wounded warriors, we assist those that need financial assistance.
- One of the most rewarding experiences is when we team up with other organizations to host an annual Christmas Party for the wounded warriors and their families at Walter Reed Hospital; host an annual Super Bowl Party in Bethesda, MD, and assist with the shipment of live Christmas Trees to our troops serving in Afghanistan.

On-line registration will remain open until the day of the virtual race, November 8, 2020 on Active.com. If you can't run or walk, please select the donation option.